



# Bedside Nurses Setting the Record Strait to Prevent Falls

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# Objectives & About SARMC

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- The learner will be able to identify the role a Champion plays in developing an injury fall prevention program.
- The learner will be able to identify tools to prevent injury falls.
- 380 Bed Level 2 Trauma Center in Boise, Idaho
- Member of Trinity Health based out of Novi, Michigan



# Tests & Learning

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- Nursing Unit Quality & Safety Champions
  - Bedside nurses, informal leaders
- Nurses Experience:
  - Patients falling despite assistance

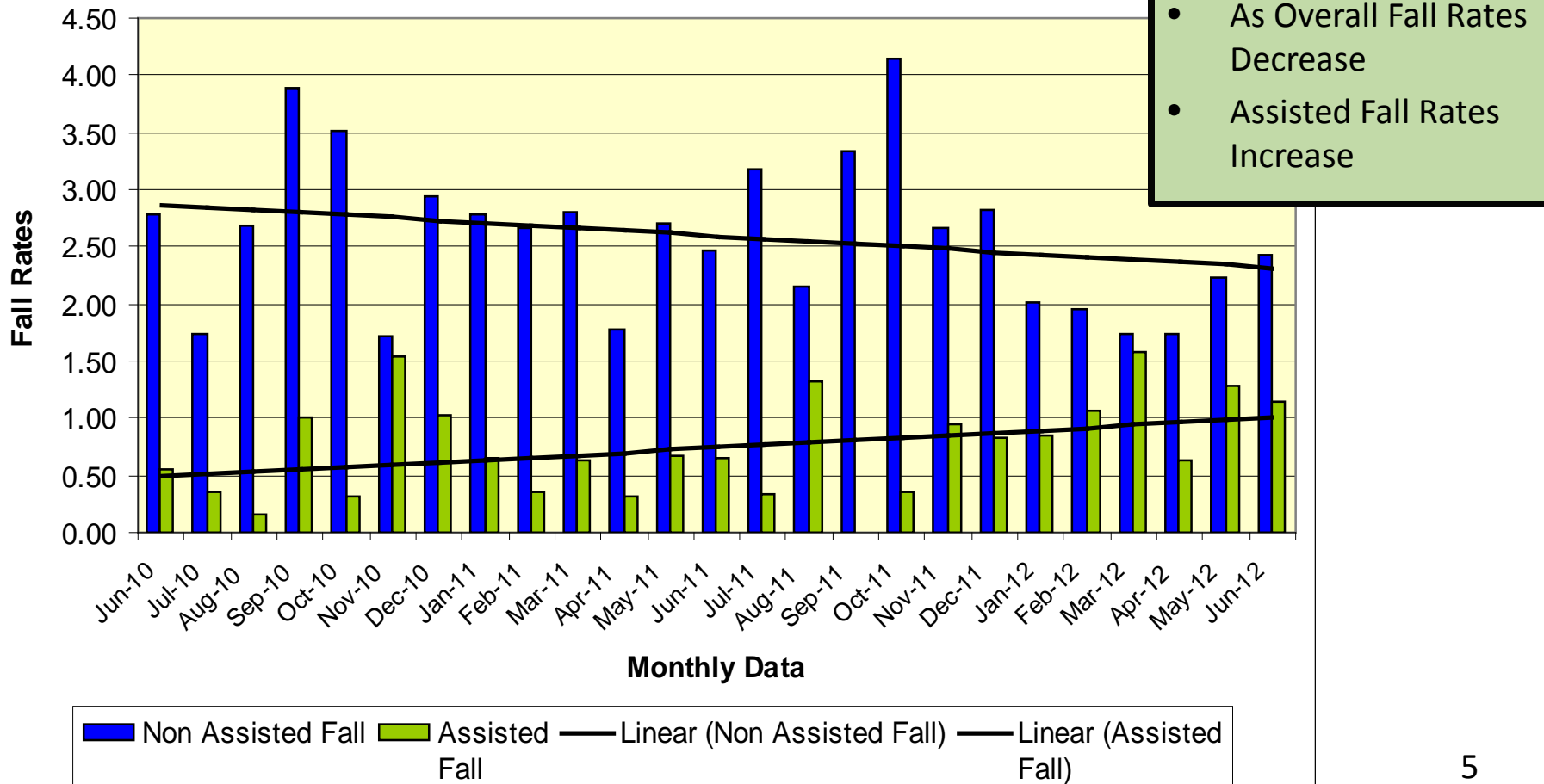
# Barriers & How we Resolved

- Gait Belts
  - Available when needed
  - Infection prevention strategy
  - Product
    - High quality product
    - Individual item charge
- Stocked
  - Nurse server
  - Single patient item



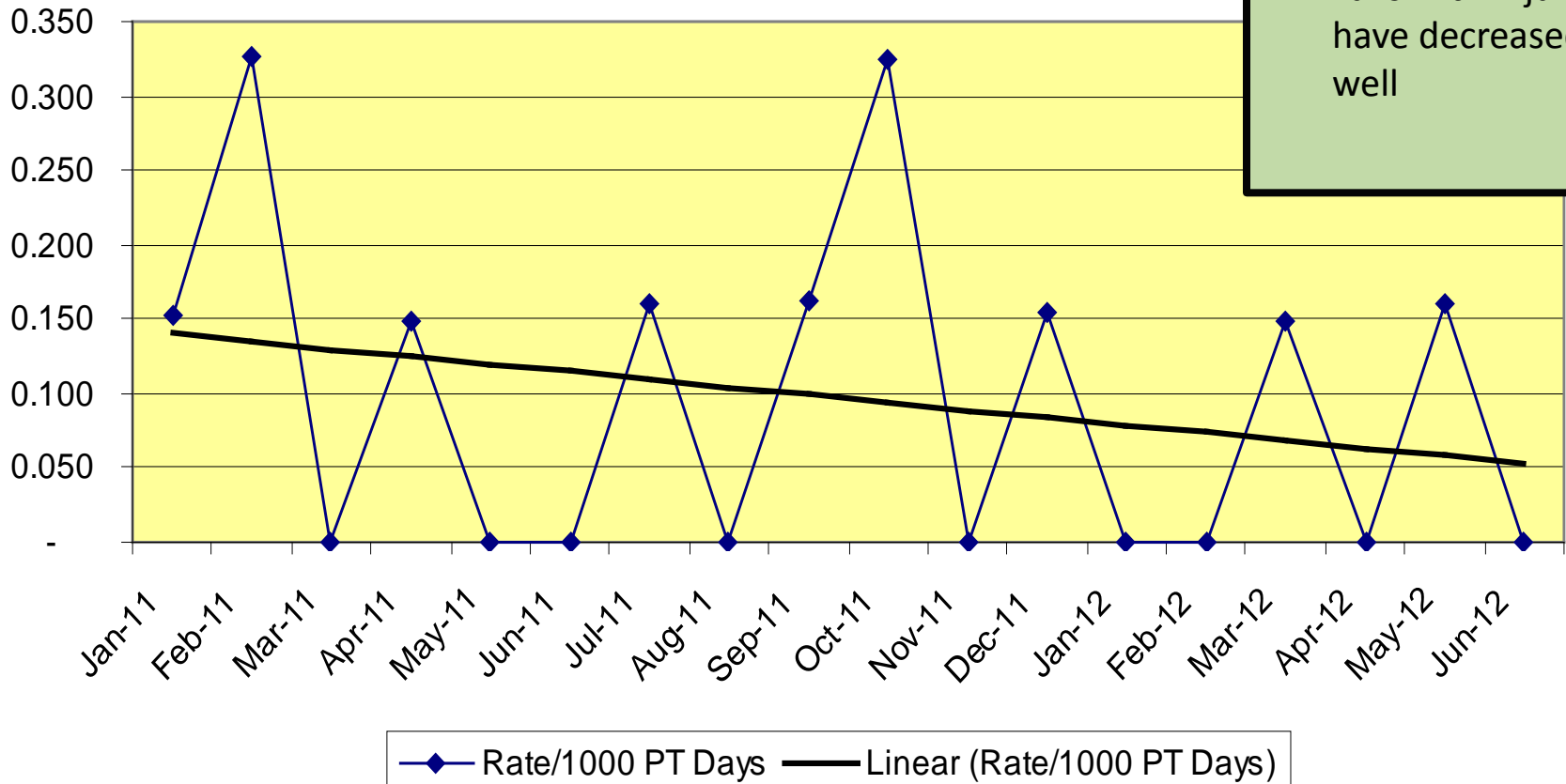
# Measures

## SARMC House-wide Fall: Rate Non-Assisted vs. Assisted Falls



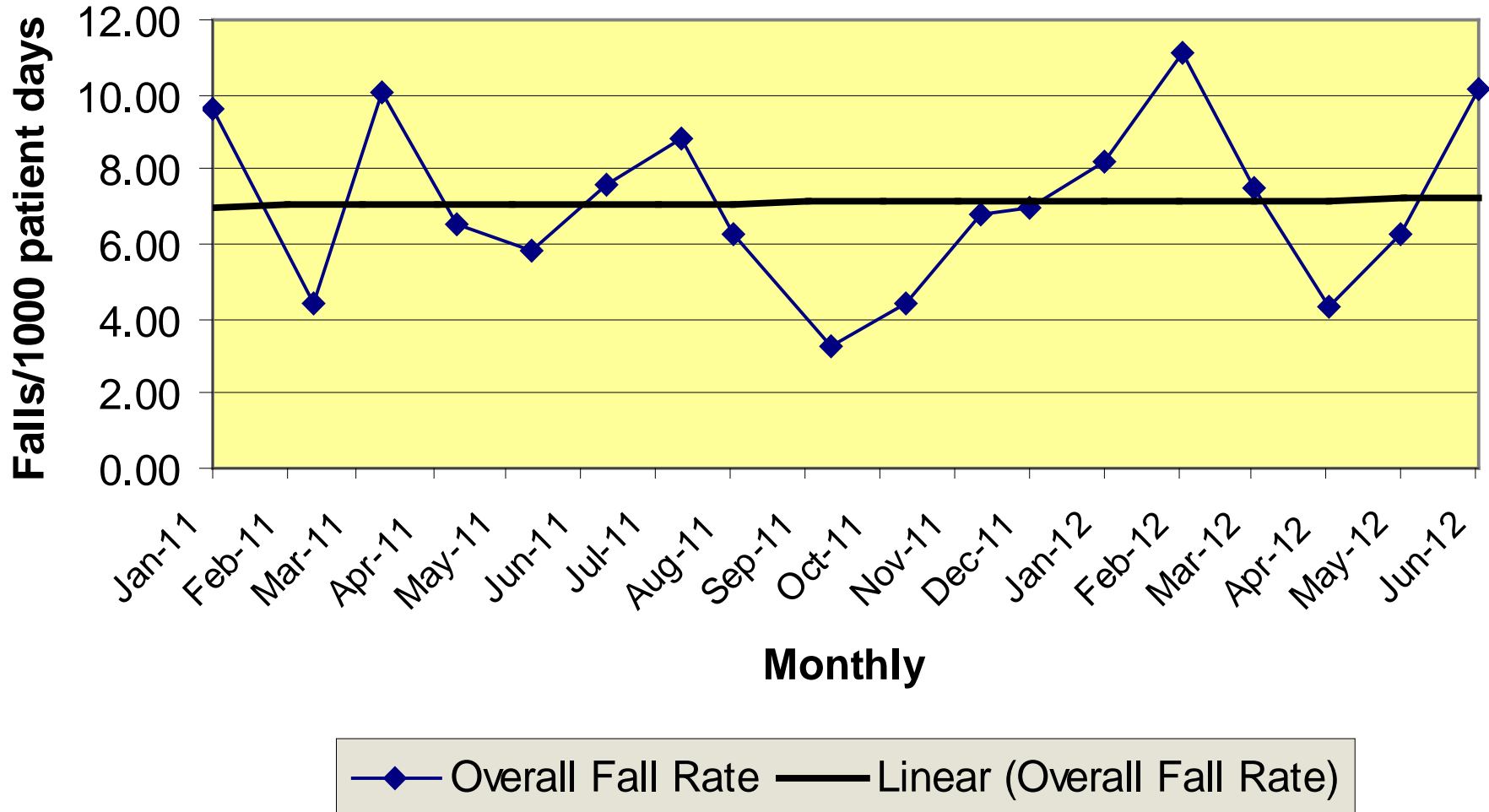
# Measures

**Patient Falls with Injury per 1000 Patient Days  
 Monthly Rate**



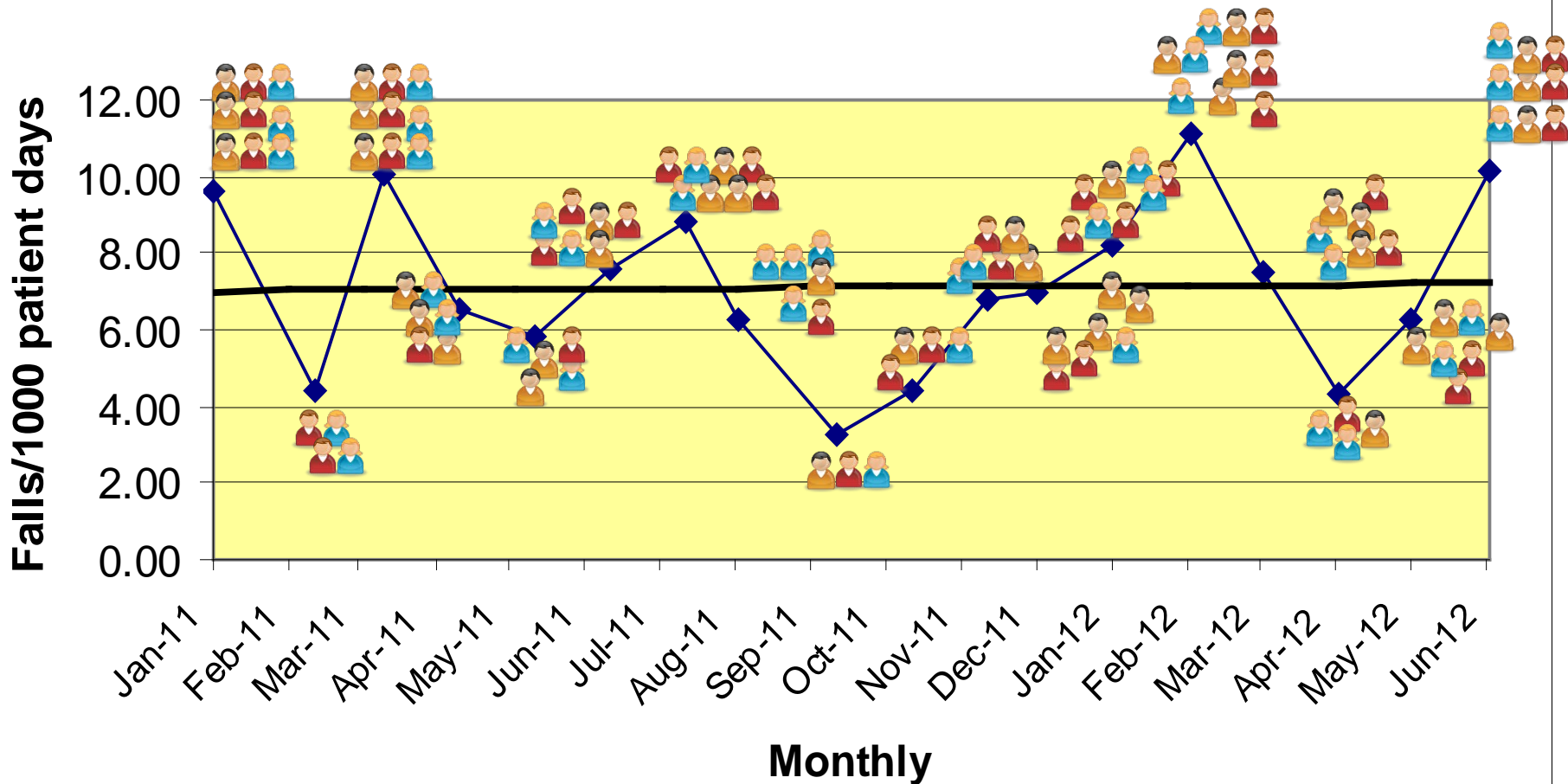
# Overall Fall Rate on Medical Unit

## Falls per 1000 patient days



# Overall Fall Rate on Medical Unit

## Falls per 1000 patient days



◆ Overall Fall Rate 
 — Linear (Overall Fall Rate)



# Advice for others

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- Senior leadership support
- Strong informal bedside nurse leaders
- Transparency with every fall creates a culture of accountability
- Make data meaningful for those who find data meaningless



# Wrap Up & Next Steps

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- Key Learning: *Front Line Staff Must Manage the Change*
- Next Step: Hourly Rounding
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